



## Rapid Doff and Don

### **Objective:**

The four (4) member team demonstrates their ability to quickly doff their personal protective equipment and then correctly don their personal protective equipment in a safe and timely manner.

### **Requirements:**

- Each post can enter a maximum of three teams consisting of four cadets/explorers.
- No cadet/explorer can participate in this event twice.
- Equipment - Full structural PPE: helmet (no shield required), coat, pants, boots, structural firefighting gloves, flash hood and SCBA without mask.
- SCBA's will be available to use for groups that do not bring them.

### **Rules:**

- All team members will start by correctly wearing full PPE and a SCBA without a mask in front of start/finish line. The start/finish line is in front of designated doff and don area.
- After the judges have inspected the team's PPE, the lead judge will give the "GO" command.
- Each team member will rapidly doff their PPE in the designated team area (approx. 10' x 20').
- Once all PPE has been properly doffed (everything on coat and pants undone), the team member must completely step past the start/finish line to indicate they are ready to don their PPE and SCBA.
- Once a team member completely steps past the start/finish line, they may immediately go back and start donning their PPE and SCBA.

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- Once they have completely and properly donned their PPE and SCBA, the members must cross the start/finish line and hold up the 2' PVC pipe, over their head, to indicate they are finished.
- Once the member crosses the finish line and PVC pipe is held over the member's head, time will stop and no further adjustments or corrections to the PPE or SCBA can be made.
- Any broken equipment must be brought to the attention of the judges prior to the start of the event. In case of any broken equipment the effort or motion to secure that part must be made. However, the judge will check that piece of equipment. If working properly, (buttons, Velcro, etc.) the team member will get a penalty, even if motion is made by member.

#### **Penalties:**

- **5 second penalty will be imposed for each of the following rule infractions:**
  - All snaps, hooks, zippers, Velcro, etc. are not fastened securely.
  - All SCBA shoulder straps and waist belts are not fastened and pulled snug.
  - Helmet straps not fastened under the chin and snug.
  - Collars on coats not turned up and fastened.
  - Hoods not on properly or hair showing.
  - Gloves are not all the way on or not the appropriate size for cadet/explorer.
  - Member does not stay in designated doff and don area.
  - Member does not completely cross the start/finish line between doffing and donning gear.
  - Member makes adjustments or corrections after holding PVC pipe.

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**Disqualifications:**

- Throwing of any piece of equipment.
- Any act considered dangerous and likely to result in injury.
- Rude behavior, cursing, or arguing with judges during event.

**Scoring:**

Scoring will be based on an average time of all four members.

**Rapid Doff and Don – Individual**

- The top three (3) individual times will be recorded from each team during Team Rapid Doff and Don.
- The three (3) fastest from the entire competition receive 1st, 2nd, and 3rd place awards.

