



## Fire/EMS Relay

### Objective:

This relay has two different individual stations: hose hoist and dummy drag; and one partner station: stair chair. Once the individual and partner stations are complete, the team will work together on one final task to carry a manikin on a scoop stretcher to a designated location.

### Requirements:

- Each post can enter a maximum of three (3) teams consisting of four (4) cadets/explorers.
- No cadet/explorer can participate in this event twice.
- All team members must wear a helmet and gloves (tech gloves are appropriate).

### Rules:

- **This event has a 5-minute time limit.**
- All four team members must be standing at the starting line.
- Time begins for all team members with the “GO” command and will stop when all team members complete the final team task (set the scoop stretcher on the ground).
- **Station A rules:** On “GO”, member #1 will enter the container building via the A-side front door and ascend the interior stairs to the 2nd story. The member will hoist the 50’ section of hose through the 2nd story bedroom window. Once completed, member #1 will exit the building and join member #2 by the manikin.
- **Station B rules:** On “GO”, member #2 will proceed to the location of the manikin (125lbs) and will drag or carry the manikin along the designated path, around a barrel, and to the area with the stair chair. Members #1 and #2 may work together to put the manikin on the scoop stretcher while waiting for member #3 and #4.

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- **Station C rules:** On “GO”, members #3 and #4 will proceed to the deck of the container building via the exterior stair well. They will take the manikin (75lbs) on the stair chair down the exterior stair well. The team will place the stair chair in the designated location.
- **Final Team Task:** Once the team has completed their individual tasks, they will meet at the manikin by member #2 and place the 125lb manikin on the scoop stretcher if not already done. All four members will then carry the scoop stretcher to a designated location. Once they reach that location they will gently set the scoop stretcher on the ground within the marked box. Time stops when all four team members have returned to the starting line.

**Penalties:**

- Helmet falls off (10 seconds for each infraction).
- Leaving the assigned starting line before start of the relay (10 second penalty).
- Not placing equipment in designated spot (10 second penalty for each infraction).
- Not having at least one hand on the scoop stretcher when carrying to the finish line (10 second penalty for each infraction).
- Any action that is considered not safe by judges (10 second penalty to disqualification).

**Disqualifications:**

- Throwing of any piece of equipment.
- Any act considered dangerous and likely to result in injury.
- Rude behavior, cursing, or arguing with judges during event.
- Skipping, not attempting, or failure to complete assigned task/step in each station.

**See Diagram for more information.**



## Station Rules

### Station A rules: Hose Hoist (individual)

On "GO", member #1 will enter the container building via the A-side front door and ascend the interior stairs to the 2<sup>nd</sup> story. The member will hoist the 50' section of hose through the 2<sup>nd</sup> story bedroom window. Once completed, member #1 will exit the building and join member #2 by the manikin.

### Station B rules: Dummy Drag (individual)

On "GO", member #2 will proceed to the location of the manikin (125 lbs) and will drag or carry the manikin along the designated path, around a barrel, and to the area with the scoop stretcher.

### Station C rules: Stair Chair (2-team members)

On "GO", member #3 & #4 will proceed to the deck of the container building via the exterior stair well. They will take the manikin (75 lbs) on the stair chair down the exterior stair well. The team will place the manikin and stair chair in the designated location.

### Final Team Task: Patient Movement with Scoop Stretcher (all team members)

Once the team has completed their individual tasks, they will meet at the manikin by member #2 and place the manikin on the scoop stretcher. They will then all four carry the scoop stretcher to a designated location. Once they reach that location they will gently set the scoop stretcher on the ground within the marked box. Time stops when the team sets the scoop stretcher on the ground.

# Fire/EMS Rescue Relay

