Learning in Retirement
2015 Winter/Spring Course Catalog

Look inside for:
• Membership Information
• Registration Forms
• Special Events
• Course Descriptions
• Special Interest Groups
• LIR Contact Information

Register by January 14, 2015 for the best chance to get into your selected courses.

262.695.3473  www.wctc.edu/lir
MISSION STATEMENT

Learning in Retirement (LIR) provides intellectual, cultural and social opportunities to foster life-long learning for adults in association with Waukesha County Technical College.

LIR Board Members for 2014 - 2015

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LIR Office  
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TAX DEDUCTIBLE DONATIONS MAY BE MADE TO LIR - WCTC

The WCTC Foundation, an organization designed to obtain, manage, and convey private resources to assist WCTC in achieving its goals and coordinate private fund raising activities, is available to handle donated contributions and to provide receipts for tax purposes to individual contributors. Monetary donations of any size can be handled through the Foundation. The Foundation has established “Advised Funds” for sponsored WCTC organizations such as LIR. Each organization sets up its own fund with a Statement of Purpose so that individuals can make tax-deductible donations and disbursements can be made according to the criteria that the organization specifies. The Foundation, in effect, serves as the “bookkeeper” with each organization being in charge of its fund.

Donations can be sent directly to the Foundation or to the LIR office with a memo notation that the contribution is for the “LIR Advised Fund.” A letter, which serves as a receipt for tax purposes, is sent by the Foundation to the individual contributor.

If LIR members have questions about this fund or about the Foundation, they are encouraged to talk to a board member. Supporting LIR through members’ contributions or as suggested memorials to a family member or former LIR member will continue to be encouraged.

*REMINDER*

Mark Your Calendars

Learning in Retirement / WCTC cordially invites you to join us for a delicious

Bread Bowl Lunch and Game Day

Friday, January 23, 2015

WCTC Pewaukee Campus  
R.T. Anderson Center  
$10.00 per person

Guests are welcome.

Doors open at 10:30 AM  
Entertainment at 11:00 AM  
Lunch at Noon  
Games begin at 1:00 PM

Menu  
pasta buffet, salad with garlic bread, cookies, coffee, tea, water

Watch for the flyer with complete details!
**LIR Course Locations**

**WCTC and Off-Campus Locations**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Waukesha WCTC Campus</td>
<td>327 E. Broadway</td>
<td>262-695-6500 (information) 262-695-6504 (emergency)</td>
</tr>
<tr>
<td></td>
<td>Waukesha, WI 53186</td>
<td></td>
</tr>
<tr>
<td>Hartland Public Library</td>
<td>110 E. Park Ave.</td>
<td>262-367-3350</td>
</tr>
<tr>
<td></td>
<td>Hartland, WI 53029</td>
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<tr>
<td>Life Enrichment Center</td>
<td>1306 W Wisconsin Ave.</td>
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<td></td>
<td>Oconomowoc, WI 53066</td>
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<td>Allo! Chocolat</td>
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<tr>
<td></td>
<td>234 W Main St.</td>
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<tr>
<td></td>
<td>Waukesha, WI 53186</td>
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*Off campus courses may be open to non-members at a higher fee if they are not filled by LIR members.*

While we try to do everything we can to maintain the posted schedule, there may be course changes (dates and/or locations) due to unforeseen circumstances.

**Learning In Retirement Contact Information**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>LIR Office</td>
<td>Building A Room 102E</td>
<td>262-695-3473</td>
</tr>
<tr>
<td></td>
<td>800 Main Street</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pewaukee, WI 53072</td>
<td></td>
</tr>
<tr>
<td>PHONE: 262-695-3473</td>
<td>EMAIL: <a href="mailto:lir@wctc.edu">lir@wctc.edu</a></td>
<td></td>
</tr>
<tr>
<td>FAX: 262-695-3436</td>
<td>LIR website: <a href="http://www.wctc.edu/lir">http://www.wctc.edu/lir</a></td>
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</tbody>
</table>

**Office Hours**

M, T, TH: 9:30 AM – 4:00 PM  
W: 9:30 AM – 3:30 PM

**WINTER/SPRING COURSES AND SPECIAL INTEREST GROUPS**

The cut-off date for priority registration is January 14, 2015.

**Membership**

Yearly membership is from September 1, 2014 to August 31, 2015. If you are not an LIR member now, and wish to join for this membership year, please fill in the information requested and enclose $50 per person for the non-refundable membership fee. We do not prorate membership fees.

**Important Note:** Membership dues are not refundable, even if the course you desire is full.

**Course Registration** - Registration is by mail-in only!

All courses are $10.00 unless noted in the course description. Please choose your courses carefully as there will be no refunds for any courses you decide to drop or are unable to attend. Refunds will be given for courses which are cancelled by LIR. We wish to encourage people to enroll only in those courses that they are sure they will attend. Your cooperation is requested and appreciated.

**Please Note:**

⇒ Individuals must complete separate registration forms and submit individual checks.
⇒ Only LIR members may participate in courses.
⇒ You must register for and have a current, annual membership in LIR to participate in Special Interest Groups.

If you register for a course and then need to drop before it begins, please notify the LIR office at 262-695-3473.

**Lottery and Vouchers** – **IMPORTANT, PLEASE READ**

If enrollment exceeds the course size limit as of the priority cut-off date, all registrants for that course will be chosen in a lottery. Vouchers will be given if a lottery is held and a registrant was not selected. You will not be included in a lottery if your form is received after the cut-off. As determined by LIR board policy, courses that have exceeded the size limit are filled this way rather than on a first come, first-served basis. Voucher holders will have priority for any future course.

**School Closing**

In the event of conditions affecting the regular opening of WCTC, several local radio and television stations will give updated notices of any closing or cancellation. Additionally, you may visit our homepage at [www.wctc.edu](http://www.wctc.edu) for closing information.
Confirmation Letters

Confirmation letters will be sent out in early February. The WCTC/LIR office will not have information about your registration until after February 6, 2015.

Visitor Policy

Visitors may be allowed at LIR classes only with authorization of the LIR office. No child under the age of 12 is allowed in LIR classes in accordance with WCTC policy. Visitors may not attend an entire course.

Special Interest Group Registration

If you are not in a Special Interest Group already, but are interested in joining now, you will need to register for the group on the membership form. Membership in special interest groups needs to be renewed each September. A letter will be sent confirming your registration. You may call the leader for specifics about the group’s activities.

General Information

LIR is fortunate to have so many highly qualified, non-paid instructors who freely volunteer considerable time and expertise in the development of quality courses. LIR has over 500 members with interesting and diverse backgrounds and opinions. As adult learners and volunteer instructors work together to ensure our continued success, the following suggestions are offered:

Please be in class on time to avoid class distraction. Tell the instructor in advance if you need to leave early. When possible, tell the class coordinator of an upcoming absence. Class coordinators can assist with distribution of printed material that you may have missed.

When personal opinions are presented by instructors or by students, common courtesy is requested in expressing those opinions. Your opinions do matter and often make the course more interesting. In some instances, it may be preferable to talk with the instructor after class. In all situations, LIR will follow the code of conduct for students and instructors as presented in the WCTC code of conduct which can be found on the WCTC website.

NOTE: Our courses are non-credit and do not qualify for CEU’s.
#403 Crocheting
Instructor Judy Franke
Dates Mondays: March 2, 9, 23, 30; April 6
(Note: No Class on March 16)
Time 1:30 – 3:25 PM
Place Waukesha

This course is for all skill levels, from beginners to those who wish to improve their skills. All students should bring a light colored yarn and also an H hook. Note: the last class will begin one hour earlier.

#404 Living a Healthy Life with Chronic Conditions
Instructors Bill Graham and Carolyn Spitz
Dates Mondays: March 9, 23, 30; April 6, 13, 20
(Note: No Class on March 16)
Time 9:30 – 11:25 AM
Place Waukesha

People with chronic health conditions live most of their lives outside of hospitals and clinics. This workshop will focus on learning information and skills on how to manage chronic conditions on a daily basis while still living the life you want to live. Topics include: heart disease, arthritis, diabetes, depression, asthma, bronchitis, emphysema and other physical and mental health conditions.

#405 The Skeptic’s Guide to American History Part 1 DVD
Instructor Tom Dicristo
Dates Mondays: April 6, 13, 20, 27; May 4, 11
Time 1:30 – 3:25 PM
Place Waukesha

Professor Mark Stoler’s skeptical approach to American history does not dabble in imaginative conspiracy theories or doubt the essence of the American experiment; rather, it reframes our understanding of this great nation’s past and actually strengthens our appreciation for what makes American history such a fascinating chapter in the larger story of Western civilization. Stoler’s course sorts through misconceptions, myths, and half-truths about America's past and revisits some of the country's greatest episodes, figures, and themes from a fresh perspective. It gives us an opportunity to sharpen the way we think about and interpret the past, the present, and even the future.

#406 World War I: The Great War Part 2
Instructor Jim Schaefer
Dates Tuesdays: February 17, 24; March 3, 10, 24, 31
(Note: No Class on March 17)
Time 1:30 – 3:25 PM
Place Waukesha

Professor Vejes Gabriel Liulericius continues his discussion of this major calamity, “the war to end all wars,” World War I. Part 2 will cover 1915, 1916 and 1917 and the concept of total war on land, the air and at sea. The technological advances on the battlefield and the effects on the home front will be thoroughly analyzed. Finally, he will dwell on the soldiers in the trenches, extending to the global reaches of the war.

#407 Introduction to the iPhone
Instructor Chuck Gevaert
Dates Tuesdays: February 17, 24; March 3
Time 9:30 – 11:25 AM
Place Waukesha

This course will introduce the participant to the iPhone from Apple. If you want to find out what else the phone can do beside placing and receiving calls, this course is for you. It is intended for someone who has an iPhone but will be beneficial for anyone interested in purchasing an iPhone. It will be taught using an iPhone 5 but will be useful for any iPhone owner. This course is not designed for owners of other brands of smart phones.

LIR OFFICE: PHONE 262-695-3473 EMAIL lir@wctc.edu
#408 iPhone: Beyond the Basics  Section 1
Instructor  Chuck Gevaert
Dates  Tuesdays: February 17, 24; March 3, 10
Time  1:30 – 3:25 PM
Place  Waukesha

This course is intended to be a follow-up to the “Introduction to the iPhone” course. We will review content covered in the first course then continue on with additional features of the iPhone. We will cover the following topics: calendar, camera, syncing, modifying your settings and more. It will be taught using an iPhone 5 but will be useful for iPhone 4 and newer owners. This course is not designed for owners of other brands of smart phones.

#409 iPhone: Beyond the Basics  Section 2
Instructor  Chuck Gevaert
Dates  Tuesdays: April 7, 14, 21, 28
Time  1:30 – 3:25 PM
Place  Waukesha

This course is intended to be a follow-up to the “Introduction to the iPhone” course. We will review content covered in the first course then continue on with additional features of the iPhone. We will cover the following topics: calendar, camera, syncing, modifying your settings and more. It will be taught using an iPhone 5 but will be useful for iPhone 4 and newer owners. This course is not designed for owners of other brands of smart phones.

(This is a repeat of iPhone: Beyond the Basics  Section 1)

#410 Life and Work of Mark Twain  Part 2
Instructor  Judy Jones
Dates  Tuesdays: February 17, 24; March 3, 10, 24, 31
(Note:  No Class on March 17)
Time  9:30 – 11:25 AM
Place  Waukesha

Let’s continue our study of the life and work of Mark Twain, one of America’s most beloved authors. Dr. Stephen Railton’s lectures again will give us more insight to this most interesting of American icons. Part 1 of the course is not a requirement. Part 1 notes for new students will be available.

#411 Hidden Treasures of the Library  Section 1  *FREE
Instructor  Janet Jensen
Course*
Dates  Tuesday & Wednesday: February 24 and 25
Time  2:30 – 4:00 PM
Place  Hartland Public Library Community Room

Tour the Library. Learn how to find books or other materials in our 16-library Waukesha County Federated Library System: how to place holds, renew items, and find other books, etc. of similar interest. All 16 libraries use the same computer and databases. Learn how to locate lists of large print books, movies, music, special databases for genealogy, consumer reports, consumer health and more.

Note: Bring your laptop or tablet, or use one of the library’s five. There is no fee for this course due to state regulations.

#412 Hidden Treasures of the Library  Section 2  *FREE
Instructor  Janet Jensen
Course*
Dates  Tuesday & Wednesday: March 24 and 25
Time  2:30 – 4:00 PM
Place  Hartland Public Library Community Room

Tour the Library. Learn how to find books or other materials in our 16-library Waukesha County Federated Library System: how to place holds, renew items, and find other books, etc. of similar interest. All 16 libraries use the same computer and databases. Learn how to locate lists of large print books, movies, music, special databases for genealogy, consumer reports, consumer health and more.

Note: Bring your laptop or tablet, or use one of the library’s five. There is no fee for this course due to state regulations.

(This is a repeat of Hidden Treasures of the Library  Section 1)
#413 Beaded – Knotted Necklace with Matching Earrings
Instructor: Mary Lamb  
Date: Tuesday: February 24  
Time: 1:30 – 3:25 PM  
Place: Waukesha

This is a great class for beginning beaders. You will learn the skills of designing and making a beaded-knotted necklace and matching pair of earrings. All the tools needed to make this necklace will be available for your use. A $15.00 materials fee will be collected at the first class to cover the cost of materials you will use.

#414 PBS Documentary: Broadway – The American Musical
Instructor: Judy Pelt  
Date: Tuesdays: March 24, 31; April 7, 14, 21, 28  
Time: 9:30 – 11:25 AM  
Place: Waukesha

Enjoy an entertaining and insightful PBS documentary about the composers, producers, directors, and actors who created the spectacle of the Broadway Show. Hosted by Julie Andrews, these six sessions give us new insights into the talented and ambitious producers, actors, and dancers who graced the Broadway stage. Experience the stories, music, and performances that reflect American culture from the 1920’s to the present. You will be there when the curtain opens! Come and reminisce about your memories of Broadway shows over the years!

#415 Optimizing Brain Fitness DVD
Instructor: Kay Zao  
Date: Tuesdays: March 24, 31; April 7, 14, 21, 28  
Time: 9:30 – 11:25 AM  
Place: Waukesha

How can we tune up our brains to make them work better? Come explore how our brains work, change with time, change with experience, and what might enhance their performance. We will view a DVD course featuring Dr. Restak, a neurologist who has written 20 books on the human brain, then discuss what we learn. Topics will include brain function, memory, creativity, concentration, peak performance, building cognitive reserve and using technology.

#416 Chocolate Make & Taste
Instructor: Mary Lamb  
Date: Tuesday: March 24  
Time: 1:30 – 3:25 PM  
Place: Allo Chocolat in Waukesha

Discover how chocolate is made, while you learn about the history behind its first uses to the delightful treats we enjoy today. Learn how to taste white, milk, semisweet and bittersweet chocolates as you compare the appearance, texture, aroma, and flavors of each of the different types of chocolate. Dip and create your own chocolate treats as you learn easy tricks for dipping, decorating, and creating items at home. You will receive recipes for each of the items you prepare in class. An $8.00 materials fee will be collected at the first class. Class will meet at Allo Chocolat in Waukesha.

#417 The SNAP Challenge and Understanding Food Insecurity
Instructor: Mary Lamb  
Date: Tuesdays: April 7, 14, 21  
Time: 9:30 – 11:25 AM  
Place: Waukesha

Food insecurity is something that 1 in 6 people face in the United States. This population is made up of hard-working adults, children and seniors who cannot make ends meet and may be forced to go without food. Through a variety of videos, speakers, and the SNAP (Supplemental Nutrition Assistance Program) Challenge, learn more about hunger in our community, and what you can do to help alleviate this problem. The SNAP Challenge will offer a 3, 5 or 7-day opportunity to experience firsthand what it is like to exist on the supplemental allowance provided to families. Sample menus, recipes and guidelines will be provided to help you plan for this experience.
#418 iPad – Beyond the Basics      Section 1
Instructor  Marci Lanois
Dates       Wednesdays: February 18, 25, March 4, 11, 25
(Note:  No Class on March 18)
Time        9:30 – 11:25 AM
Place       Waukesha
This course is for participants who already have an iPad and want to learn more about it. We will expand upon what is covered in the course, iPad for Beginners, covering such topics as: Important iPad Settings, the Mail app, Contacts, the Messages app, the iPad Calendar, the iPad Cameras, the iPad Photo app, iCloud, the Music app and iTunes. Please bring your iPad to each class – charged up and ready to go.

#419 iPad – Beyond the Basics      Section 2
Instructor  Marci Lanois
Dates       Wednesdays: February 18, 25, March 4, 11, 25
(Note:  No Class on March 18)
Time        1:30 – 3:25 PM
Place       Waukesha
This course is for participants who already have an iPad and want to learn more about it. We will expand upon what is covered in the course, iPad for Beginners, covering such topics as: Important iPad Settings, the Mail app, Contacts, the Messages app, the iPad Calendar, the iPad Cameras, the iPad Photo app, iCloud, the Music app and iTunes. Please bring your iPad to each class – charged up and ready to go.

#420 The Secret Life of Words: English Words and their Origins       Part 2
Instructors Liz Bednar and Sandy Karkossa
Dates       Wednesdays: February 18, 25; March 4, 11, 25; April 1
(Note:  No Class on March 18)
Time        9:30 – 11:30 AM
Place       Life Enrichment Center in Oconomowoc
Words have fascinating stories to tell – about the power of the history and culture of their speakers, about the human mind and human creativity, and about the power of language.  
Note: Cost for non-members is $20.00

#421 The Secret Life of Words: English Words and their Origins       Part 3
Instructors Liz Bednar and Sandy Karkossa
Dates       Wednesdays: April 8, 15, 22, 29; May 6, 13
Time        9:30 – 11:30 AM
Place       Life Enrichment Center in Oconomowoc
We continue with the fascinating stories words have to tell – about the power of the history and culture of their speakers, about the human mind and human creativity, and about the power of language.  
Note: Cost for non-members is $20.00

#422 Foundations of Eastern Civilizations       Part 3       DVD
Instructor  Tom Dicristo
Dates       Wednesdays: February 18, 25; March 4, 11, 25; April 1
(Note:  No Class on March 18)
Time        1:30 – 3:25 PM
Place       Waukesha
Professor Craig G. Benjamin explains the importance of Korea, Japan and Southeast Asia for most of this section of the course. He then delves into the importance of the Song Dynasty, which made China an economic powerhouse and a prosperous, cosmopolitan and very modern society. He then explains how the Mongols “conquer the world” and have a profound influence on Eastern Asian civilization.

To find joy in learning is to discover the fountain of youth.
As we conclude our study of Eastern Civilizations, Dr. Benjamin looks closely at the role of the Ming and Qing dynasties in China and the Choson dynasty in Korea. We delve into the modernization of Japan as well as the role of Samurai and Shoguns. 20th Century conflicts and influences of East Asian nations are explored and the enduring ideas of Eastern Civilization are emphasized.

Dr. J. Rufus Fears (PhD. Harvard) calls Winston Spenser-Churchill the greatest statesman and leader of the 20th Century and shows how a single individual can change the course of history. WSC Part 2 will use Dr. Fear’s (6) 30 minute DVD’s as a framework, tracking WSC’s accomplishments from his ‘time in the wilderness’ through his remaining life—his great wartime service and postwar activities, until his death in 1965. Additional information from great historical authors and other DVD’s on WSC/World Events will be added to class content. Ample time will be given for class discussion. Part 1 is not a prerequisite for Part 2.

We will examine how the brain produces individual differences in behavior and how such brain function is regulated. We will focus on neurobiology of aggression.

In this class we learn how to manage, maintain, and grow your Retirement Income. We will learn what the asset classes are, how they work and what the potential risks and rewards are. We will study where and how income is to be found in the markets. We will then see the process of building a Retirement Income Portfolio. We first create a predictable and stable income for essential expenses. Then, lifestyle expenses and the strategies to cover the “what-ifs” of retirement are explored. Finally, we will learn about retiree’s legacy planning goals.

Learn what an essential oil is and how to use essential oils effectively for everyday health concerns. We will discuss where essential oils are sourced from, the chemistry of oils, and methods of application. Essential oils will be available to experience.

This course of 12 half-hour lectures, with 4 lecture/discussion sessions, reviews the most up-to-date research on climate change. It explains the concepts, tools, data, and analysis that have led an overwhelming number of climate scientists to conclude that Earth is warming and that we humans are in great part responsible.

Aging is not “lost youth” but a new stage of opportunity and strength.
#429 African-American Poetry  
**Instructor** Carolyn Ritacca  
**Dates** Wednesdays: April 29; May 6, 13, 20, 27; June 3  
**Time** 1:30 – 3:25 PM  
**Place** Waukesha  
This course features some of the more significant African-American poets of the 19th & 20th centuries – from Paul Laurence Dunbar to Nikki Giovanni. Featured poets will include, among others, Langston Hughes, Claude McKay, Sterling Brown, Robert Haden, Gwendolyn Brooks, Dudley Randall, Imamu Amiri Baraka and Sonia Sanchez. The course will also focus on relevant African-American history in order to provide a context for the poetry. The instructor will perform a number of selections so that course participants can experience the rhythm and cadence of this uniquely American art form.

#430 Springtime Remedies for the Home & Garden Using Essential Oils  
**Instructor** Barbara Lemke, RN, CCAP  
**Dates** Wednesday: May 13  
**Time** 1:30 – 3:25 PM  
**Place** Waukesha  
Learn how to use essential oils for making your own recipes and remedies for home and garden. Essential oils you grow in your garden can be used for medicinal purposes to maintain health and wellness as well as for safe and effective bug sprays for plants and animals. Learn about the benefits of essential oils like peppermint, marjoram, basil, lavender and more. Essential oils will be available to experience.

#431 Survey of English Prose Part 2  
**Instructor** Ralph Bielenberg  
**Dates** Thursdays: February 19, 26; March 5, 12, 26; April 2  
**Time** 1:30 – 3:25 PM  
**Place** Waukesha  
This is a continuation of our previous course and covers prose works not included before. We will read and discuss various forms:

- essay, history, criticism, satire, journal, biography, short story. The text will be loaned to you free of charge: ADVENTURES IN ENGLISH LITERATURE (LAUREATE EDITION): Harcourt Brace, editors. Part 1 is **not a pre-requisite for Part 2**.

#432 Sacred Texts of World Religions Part 2  
**Instructor** Winnie Mading  
**Dates** Thursdays: February 19, 26; March 5, 12, 26; April 2  
**Time** 9:30 – 11:25 AM  
**Place** Waukesha  
Through history, religious expression has deeply influenced the development of cultures and civilizations. Join us as we delve into the sacred writings that have shaped the identities, mental worlds and actions of large segments of humanity-texts that remain a formidable influence in today's world. Part 2 will cover writings from Buddhism, Jain, Confucian, Dao, Shinto and Tenrikyo.

#433 Sacred Texts of World Religions Part 3  
**Instructor** Winnie Mading  
**Dates** Thursdays: April 9, 16, 23, 30; May 7, 14  
**Time** 9:30 – 11:25 AM  
**Place** Waukesha  
Through history, religious expression has deeply influenced the development of cultures and civilizations. Join us as we delve into the sacred writings that have shaped the identities, mental worlds and actions of large segments of humanity-texts that remain a formidable influence in today's world. Part 3 will cover writings from Christianity, Mormon, Islam, Baha’i, ancient Egyptian and Myan as well as the US Constitution as a sacred scripture.

**You are never too old to set another goal or to dream a new dream. -- Les Brown**

**LIR OFFICE:** PHONE 262-695-3473  
**EMAIL** lir@wctc.edu  
**Office Hours:** M, T, TH – 9:30AM – 4:00PM  
W – 9:30 AM – 3:30 PM
#434 Before 1776: Life in the American Colonies Part 3 DVD
Instructor Tom Dicristo
Dates Thursdays: February 19, 26; March 5, 12, 26; April 2
(Note: No Class on March 19)
Time 1:30 – 3:25 PM
Place Waukesha

In concluding the course, Dr. Robert Allison looks closely at how Georgia was born out of two motives, at South Carolina’s slave trade, at the Great Awakening, at George Washington and the French and Indian War, at Pontiac’s revolt and at English imperial reform. He finishes with explaining how the seeds of revolution took root in North Carolina, the role of Patrick Henry in Virginia, and a probing behind the scenes investigation of the Boston Tea Party. Dr. Allison completes our journey by considering American independence and beyond.

#435 Understanding the World’s Greatest Structures Part 1
Instructor Nancy Langlas DVD
Dates Thursdays: February 19, 26; March 5, 12, 26; April 2
(Note: No Class on March 19)
Time 9:30 – 11:25 AM
Place Waukesha

As you go about in the world, and see buildings, bridges, towers, etc., do you wonder, “How does it stay up?” In this Great Courses DVD, Dr. Stephen Ressler will explain the science of structure and how it applies to certain famous structures—towers, bridges and spaces. Then begin a whirlwind tour of more than 150 great structures. You’ll begin to understand the structures you’ve seen and will anticipate understanding the ones you will see in the future.

#436 Understanding the World’s Greatest Structures Part 2
Instructor Nancy Langlas DVD
Dates Thursdays: April 16, 23, 30; May 7, 14, 21
Time 9:30 – 11:25 AM
Place Waukesha

In part two of “Structures”, Dr. Stephen Ressler will continue our whirlwind tour of more than 150 great structures that was begun in part one. Bring your own photos to share your understanding of how the structures you’ve seen “stay up.”

#437 Tourist Trains of the US and Beyond
Instructor Chuck Gevaert
Dates Thursdays: February 19, 26; March 5, 12
Time 1:30 – 3:25 PM
Place Waukesha

This course will cover railroads in the United States whose focus is providing train rides for tourists. Tourist railroad names and locations will be provided. In addition, personal accounts from riders with pictures and videos will be shared. I will present information on the tourist trains that I have ridden and will encourage members of the class to share information about trains they have ridden.

#438 The Ancient Oils of Scripture
Instructor Barbara Lemke, RN, CAP
Date Thursday: April 9
Time 9:30 – 11:25 AM
Place Waukesha

Essential Oils have a long history of use. There are many references to essential oils in the Bible. Learn how ancient oils of scriptures like frankincense and myrrh, myrtle and hyssop and more have modern day uses. Essential oils will be available to experience.

#439 A Holistic Approach to Financial Planning for Retirement
Instructor Michael J. Jungen, ChFC©, CFP®
Dates Thursdays: April 16, 23, 30; May 7
Time 1:30 – 3:25 PM
Place Waukesha

This series examines the issues crucial to maintaining financial independence during retirement. Mr. Jungen, a Certified Financial Planner, discusses how a comprehensive, “Holistic” approach to financial planning can provide greater peace of mind and security. Topics covered include: How to identify and prioritize personal and financial objectives and create a vision for your Ideal Retirement, Creating your own personal “Plan and Path” for your retirement, Techniques for optimizing Social Security benefits, Options to reduce income taxes and employ tax aware investing, Asset Allocation and Investment options for current income in a low interest rate world,
IRA rollovers, IRA distribution planning and Roth Conversions, How to conserve and transfer your estate effectively to people or organizations you care about, Planning for extended care needs and the risks of declining health.

**Friday Courses**

### #440 Sharing Views on Timely Topics Part 1

**Instructor** Dick Wood  
**Dates** Fridays: February 27; March 6, 13, 27; April 10, 17  
*(Note: No Class on March 20 or April 3)*  
**Time** 9:30 – 11:25 AM  
**Place** Waukesha

In this course, we will share views on today’s current topics, with everyone contributing ideas. Topics will be chosen by the class.

### #441 Sharing Views on Timely Topics Part 2

**Instructor** Dick Wood  
**Dates** Fridays: April 24; May 1, 8, 15, 22, 29  
**Time** 9:30 – 11:25 AM  
**Place** Waukesha

In this course, we will share views on today’s current topics, with everyone contributing ideas. Topics will be chosen by the class.

### #442 Introduction to the iPad

**Instructor** George Arnold  
**Dates** Fridays: April 10, 17, 24; May 1  
**Time** 9:30 – 11:25 AM  
**Place** Waukesha

This class is suitable for someone just starting to use an iPad or someone who is considering buying one. If you have an iPad, bring it to class. If not, watch and listen to see if you would like to own one. The course covers everyday operations to use email, the Internet, book readers and games. The course also covers downloading and using Apps. The iPad is different than a PC and has its own set of icons. The class is scheduled to cover most material in the first three sessions and to use the fourth session for student questions.

**SPECIAL INTEREST GROUPS**

**Confirmation Letters**

**LIR Senior Singers**  
We meet on Mondays from 10:00 AM – Noon at Brookfield Highlands. New voices are always welcome. A professional voice is not needed. Both men and women are welcome.

**Genealogy**  
We meet on the first Friday of each month at 1:00 PM at the Waukesha Campus.

**Sheepshead**  
If you play, come join us. We meet on Thursdays from 12:30 - 3:00 PM at the Waukesha Campus.

**Book Lovers**  
We meet the third Wednesday of the month at 9:30 AM at the Pewaukee Public Library.

**Bridge**  
We meet on Tuesdays from 1:30 - 3:30 PM at Matthews Assisted Living in Pewaukee - 1109 Cecilia Drive.

**Hiking Club**  
We meet the second Saturday of each month at 9:30 AM to hike in the Southeast Wisconsin area.

**WCT Production, Dinner, Discussion**  
Attend the 4:00 PM Waukesha Civic Theater production on the second Saturday of each production.

**Golf League**  
A recreational golf league meets locally on Thursday mornings from May to September for nine holes of golf.

**Mah Jongg**  
We meet on Tuesdays from 1:30 - 3:30 PM and/or Fridays from 10:00AM – 12:00 PM at the Waukesha Campus.

Gambling in any form is not allowed at any LIR sponsored event or activity, per WCTC and the State of Wisconsin Gambling Laws.
LIR Special Events
January – June, 2015

Flyers about and registration for each LIR event will be mailed several weeks before the event, except for overnight trips. Those flyers will come out months in advance.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 23, 2015</td>
<td>Bread Bowl Lunch and Game Day at WCTC in Pewaukee – Richard T. Anderson Center</td>
</tr>
<tr>
<td>February 24, 2015</td>
<td>Jewish Museum and the Milwaukee Art Museum in Milwaukee</td>
</tr>
<tr>
<td>March 25, 2015</td>
<td>Harley Davidson Museum and Sprecher Brewery in Milwaukee</td>
</tr>
<tr>
<td>April 24, 2015</td>
<td>Shiloh House and the Gold Pyramid House in Zion, Illinois</td>
</tr>
<tr>
<td>May 18, 2015</td>
<td>Henry Vilas Zoo and Olbrich Botanical Gardens in Madison</td>
</tr>
<tr>
<td>June 18, 2015</td>
<td>Adler Planetarium and an Architectural Cruise in Chicago</td>
</tr>
</tbody>
</table>

Mark your calendars:
- June 11, 2015 – LIR Annual Membership Meeting
- July 28, 2015 – LIR Kick-Off

LIR has several DVD courses that are in need of facilitators. If you would like to preview any of these courses to see if you would like to join our growing list of volunteer instructors, please contact the LIR office at 262-695-3473.

Available LIR DVDs
- The Roots of Human Behavior
- The Old Testament
- History of Hitler's Empire, 2nd Edition
- Exploring the Roots of Religion
- How Music and Mathematics Relate
- What are the Chances? Probability Made Clear
- Understanding Genetics: DNA, Genes. And Real Life Applications
- Understanding the Human Factor: Life and Its Impact
- The Human Body: How We Fail, How We Heal
- Psychology of Human Behavior
- Understanding the Mysteries of Human Behavior
- Great Pharaohs of Ancient Egypt
- Oceanography: Exploring Earth's Final Wilderness
- Medical Myths, Half Truths and Lies
- Masterpieces of Short Fiction
- Lost Worlds of South America
- Great Tours: Greece and Turkey

Don’t just count your years; make your years count.  
-- Ernest Meyers
More LIR Course DVDs

The Other Side of History: Daily Life in the Ancient World
The World Was Never the Same: Events That Changed History
Great World Religions
Holy Land Revealed
The Dead Sea Scrolls
Great Artists of the Italian Renaissance
Masterworks of American Art
Museum Masterpieces: The Louvre
Broadway: Great American Musicals
Museum Masterpieces: Metropolitan Museum of Art
The Cathedral
Victorian Britain
History of the United States - 2nd edition
U.S. & Middle East 1914 to 9/11
War, Peace & Power: Diplomatic History of Europe 1500-2000
Everyday Guide to Wine
Everyday Guide to Spirits and Cocktails
Everyday Gourmet: Lost Art of Cooking
Grow Anything: Landscape/Garden
Grow Anything: Containers

If you would like to preview any of these courses to see if you would like to join our growing list of volunteer instructors, please contact the LIR office at 262-695-3473.

TAX DEDUCTIBLE DONATIONS MAY BE MADE TO LIR-WCTC

The WCTC Foundation, an organization designed to obtain, manage, and convey private resources to assist WCTC in achieving its goals and coordinate private fund raising activities, is available to handle donated contributions and to provide receipts for tax purposes to individual contributors. Monetary donations of any size can be handled through the Foundation.

The Foundation has established “Advised Funds” for sponsored WCTC organizations such as LIR. Each organization sets up its own fund with a Statement of Purpose so that individuals can make tax-deductible donations and disbursements can be made according to the criteria that the organization specifies. The Foundation, in effect, serves as the “bookkeeper” with each organization being in charge of its fund.

Donations can be sent directly to the Foundation or to the LIR office with a memo notation that the contribution is for the “LIR Advised Fund.” A letter, which serves as a receipt for tax purposes, is sent by the Foundation to the individual contributor.

If LIR members have questions about this fund or about the Foundation, they are encouraged to talk to a board member. Supporting LIR through members’ contributions or as suggested memorials to a family member or former LIR member will continue to be encouraged.

*Register by January 14, 2015 for the best chance to get the courses you want.

Course Registration forms are located in the middle of this booklet.
Look inside for:
• Membership Information  • Course Descriptions
• Registration Forms • Special Interest Groups
• Special Events • LIR Contact Information

Register by January 14, 2015 for the best chance to get into your selected courses.
2015 Winter/Spring Course Registration Form

**IMPORTANT:** Use a separate form and a separate check for each person registering for courses.

Make checks payable to WCTC-LIR.

Mail to WCTC-LIR, A Building Rm A102E, 800 Main St., Pewaukee, WI 53072

Name (PRINT) ___________________________________________ Male ___ Female ___

Address ____________________________________________________________

City ___________________________________________ State WI Zip ______ Phone ________________________

E-mail ___________________________________________ Age Range: 55 __ 55-64 __ 65-74 __ 75-84 __ 85+ __

**If enrolling in any computer course, WCTC requires your date of birth: _____/____/19____

Emergency Contact: ___________________________________________ Phone: ________________________

Special Interest Group Registration

*If you are already a member of a Special Interest Group, you do not need to re-register at this time.*

*If you wish to join one or more of our Special Interest Groups at this time, please indicate with a check mark:*

- Book Lovers____
- Bridge____
- Genealogy____
- Golf____
- Hiking____
- Mah Jongg____
- Sheephead____
- Singers____
- Theater____

Course Registration (fee based, either $5.00 or $10.00: Some courses also have a materials fee.)

Write the number of each course selected on the following lines. *The 2015 W/S courses I selected are:*


<table>
<thead>
<tr>
<th>Course Selection</th>
<th>Fee</th>
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<td>#413, 416, 427, 430, 438</td>
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</tr>
<tr>
<td>Total Courses _____ x $5.00</td>
<td>$</td>
</tr>
<tr>
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</tr>
<tr>
<td>Total Enclosed</td>
<td>$</td>
</tr>
</tbody>
</table>

Please list any special considerations or accommodations you need for courses: ____________________________________________

__________________________________________________________________________________________________

__________________________________________________________________________________________________

__________________________________________________________________________________________________

FOR OFFICE USE ONLY

Member Number ___________________________

Date Received _______ Date of Deposit _______ Check No. _______ Amount $ ________

Date Course/SIG Confirm. Sent _______ Date New Member Card Sent _______

Course/SIG Assignment(s) _______ _______ _______ _______ _______ _______ _______ _______ _______

Voucher Used #__________ for Class No.______ Voucher Amount______

Reimbursement Class No (s) ________________ Voucher Issued #__________ Voucher Amt. ______
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<thead>
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<th>Day</th>
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<th>Cost</th>
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<td>M</td>
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<td>Living a Healthy Life with Chronic Conditions</td>
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</tr>
<tr>
<td>#406</td>
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<td>Waukesha</td>
<td>$10.00</td>
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<tr>
<td>#407</td>
<td>Hidden Treasures of the Library</td>
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<td>T</td>
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<tr>
<td>#410</td>
<td>The Secret Life of Words, Part 3</td>
<td>T</td>
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<td>iPad: Beyond the Basics, Section 1</td>
<td>W</td>
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<td>#414</td>
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<td>$10.00</td>
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<tr>
<td>#415</td>
<td>Optimizing Brain Function</td>
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<td>#416</td>
<td>Chocolate Make &amp; Taste</td>
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<tr>
<td>#425</td>
<td>Invention of Human Behavior</td>
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<td>Waukesha</td>
<td>$10.00</td>
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<tr>
<td>#426</td>
<td>Taking Control of Your Retirement Income</td>
<td>W</td>
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<tr>
<td>#427</td>
<td>Bringing Balance to Life: An Introduction to Essential Oils</td>
<td>W</td>
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<tr>
<td>#428</td>
<td>Earth’s Changing Climate</td>
<td>W</td>
<td>Waukesha</td>
<td>$10.00</td>
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<tr>
<td>#429</td>
<td>African-American Poetry</td>
<td>W</td>
<td>Waukesha</td>
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<td>#430</td>
<td>Springtime Remedies Using Essential Oils</td>
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<tr>
<td>#431</td>
<td>Survey of English Prose, Part 2</td>
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<td>Sacred Texts of World Religions, Part 2</td>
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<td>#433</td>
<td>Before 1776: Life in the American Colonies, Part 1</td>
<td>W</td>
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<tr>
<td>#434</td>
<td>Before 1776: Life in the American Colonies, Part 2</td>
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<td>#435</td>
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<td>Tourist Trains of the US and Beyond</td>
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<td>#438</td>
<td>The Ancient Oils of Scripture</td>
<td>W</td>
<td>Waukesha</td>
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<tr>
<td>#439</td>
<td>A Holistic Approach to Financial Planning for Retirement</td>
<td>W</td>
<td>Waukesha</td>
<td>$10.00</td>
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<td>#440</td>
<td>Sharing Views on Timely Topics, Part 1</td>
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<td>Sharing Views on Timely Topics, Part 2</td>
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<td>#442</td>
<td>Introduction to the iPad</td>
<td>F</td>
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<td>$10.00</td>
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</tbody>
</table>

YOU MUST FILL OUT THE OTHER SIDE OF THE REGISTRATION FORM: This side will help you fill out the front of the registration form.
2015 Winter/Spring LIR Course Registration Form

**IMPORTANT:** Use a separate form and a separate check for each person registering for courses.

Make checks payable to WCTC-LIR.
Mail to WCTC-LIR, A Building Rm A102E, 800 Main St., Pewaukee, WI 53072

Name (PRINT) ________________________________________________ Male ___ Female ___
Address _______________________________________________________
City __________________________ State WI Zip ______ Phone _____________________
E-mail ______________________________ Age Range: 55___ 55-64___ 65-74___ 75-84___ 85+___

**If enrolling in any computer course, WCTC requires your date of birth: _____/____/19____

Emergency Contact: __________________________________________ Phone: _____________________

Special Interest Group Registration

*If you are already a member of a Special Interest Group, you do not need to re-register at this time.*

*If you wish to join one or more of our Special Interest Groups at this time, please indicate with a check mark:

- Book Lovers____
- Bridge____
- Genealogy____
- Golf____
- Hiking____
- Mah Jongg____
- Sheephead____
- Singers____
- Theater____

Course Registration (fee based, either $5.00 or $10.00: Some courses also have a materials fee.)

Write the number of each course selected on the following lines. The 2015 W/S courses I selected are:

1.____ 2.____ 3.____ 4.____ 5.____ 6.____ 7.____ 8.____ 9.____ 10.____

<table>
<thead>
<tr>
<th>Total Courses _____ x $10.00</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>#413, 416, 427, 430, 438</td>
<td></td>
</tr>
<tr>
<td>Total Courses _____ x $5.00</td>
<td>$</td>
</tr>
</tbody>
</table>

Current members enter “0” Membership $50.00 $ 

Voucher Number (if enclosed) _________ Total Enclosed $ 

Please list any special considerations or accommodations you need for courses:
______________________________________________
______________________________________________
______________________________________________
______________________________________________

FOR OFFICE USE ONLY 

Member Number ____________________________

Date Received ______ Date of Deposit ______ Check No. ______ Amount $______________

Date Course/SIG Confirm. Sent_________________ Date New Member Card Sent_________________

Course/SIG Assignment(s) _______ _______ _______ _______ _______ _______ _______ _______ _______

Voucher Used #__________ for Class No._______ Voucher Amount_______

Reimbursement Class No (s) ____________________ Voucher Issued #__________ Voucher Amt. _____
<table>
<thead>
<tr>
<th>#</th>
<th>Course</th>
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<th>Campus</th>
<th>Cost</th>
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<tr>
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<td>$10.00</td>
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<td>#43</td>
<td>Crocheting</td>
<td>M</td>
<td>Waukesha</td>
<td>$10.00</td>
</tr>
<tr>
<td>#44</td>
<td>The Skeptics Guide to American History, Part 1</td>
<td>M</td>
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<td>WW I: The Great War</td>
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<td>$10.00</td>
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<tr>
<td>#46</td>
<td>Introduction to the iPhone</td>
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<td>Waukesha</td>
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<tr>
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<tr>
<td>#53</td>
<td>PBS Documentary: Broadway – The Musical Musical</td>
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